

## Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Marathon - min/km
1	1100	Collet Andre	SchreinerTEAM Ralph Thoma	3:46:53	3:46:52	1	M45	71	2:51:51 - 4:03 min/km
2	924	Marquardt Christof	*Welver	4:08:11	4:08:09	1	M50	68	3:11:29 - 4:26 min/km
3	913	Skopnik Manuel	TV Refrath	4:10:30	4:10:27	2	M45	72	3:12:11 - 4:28 min/km
4	956	van Hoom Dr. Mark	Altis Amersfoort	4:11:45	4:11:42	1	M40	74	3:12:29 - 4:30 min/km
5	891	Rubel Thomas	TV Konzen	4:13:04	4:13:02	1	M35	81	3:13:38 - 4:31 min/km
6	1075	Langer Stephan	SC Bütenbach	4:16:32	4:16:27	2	M40	76	3:16:51 - 4:35 min/km
7	919	Stübner Oliver	DreamBigCoaching	4:17:22	4:17:18	3	M40	74	3:20:47 - 4:36 min/km
8	856	Muller Dr. Jan	Achilles Feetanalysis	4:17:44	4:17:41	2	M50	64	3:16:31 - 4:36 min/km
9	1071	Knauf Albert	LG Mützenich	4:18:24	4:18:21	3	M50	64	3:19:26 - 4:37 min/km
10	949	Peters Stephan	Ac Eifel	4:23:08	4:22:55	4	M40	78	3:23:28 - 4:42 min/km
11	916	van Binsbergen Arjan	b_cat High Altitude trail run	4:23:34	4:23:32	5	M40	74	3:23:42 - 4:42 min/km
12	918	Helmond, van Kees	Avt scorpio	4:24:27	4:24:24	4	M50	66	3:23:40 - 4:43 min/km
13	828	Grosser Alexander	GutsMuths RSLV	4:28:34	4:28:29	6	M40	77	3:26:13 - 4:48 min/km
14	911	Palmans peter	SACN	4:30:17	4:30:13	1	M55	62	3:27:17 - 4:50 min/km
15	852	Mertens Gert	AC Lierse	4:30:30	4:30:28	5	M50	64	3:34:19 - 4:50 min/km
16	802	Hunold Maximilian	FC St. Pauli Marathon	4:30:45	4:30:40	1	MHK	89	3:26:24 - 4:50 min/km
17	985	Peelen Anthony	*Heusy	4:32:26	4:32:23	2	M35	79	3:32:48 - 4:52 min/km
18	898	Van Daele Rudy	Walo	4:35:08	4:35:06	2	M55	62	3:32:45 - 4:55 min/km
19	814	Langer Sylvio	TSG Eppstein	4:35:11	4:35:01	6	M50	64	3:31:04 - 4:55 min/km
20	838	Popp Daniel	LG Donatus Erfstadt	4:35:59	4:35:56	1	M30	85	3:33:31 - 4:56 min/km
21	833	Kionke Ralf	Düsseldorf	4:40:27	4:40:24	3	M55	62	3:38:53 - 5:00 min/km
22	984	Mossal Erich	LT Schweich	4:43:00	4:42:52	3	M45	70	3:37:36 - 5:03 min/km
23	837	Koniarz Michal	One Man Run Team	4:44:26	4:44:20	7	M50	68	3:39:54 - 5:05 min/km
24	865	Ziminski Timo	*Aachen	4:45:14	4:45:08	3	M35	83	3:44:22 - 5:06 min/km
25	1074	Chittka Jörg	Country Marathon Club	4:46:36	4:46:33	8	M50	64	3:39:43 - 5:07 min/km
26	61	Mathar Joachim	TV Konzen	4:46:45	4:46:39	4	M45	69	3:40:11 - 5:07 min/km
27	982	Beck Björn	*Langenfeld	4:48:31	4:48:24	4	M35	81	3:41:48 - 5:09 min/km
28	35	Braun Wolfgang	TV Konzen	4:48:57	4:48:52	1	M60	54	3:41:35 - 5:10 min/km
29	952	Vermeersch Dr. Christophe	*BEERNEM	4:51:43	4:51:38	5	M35	80	3:42:18 - 5:12 min/km
30	846	Stamm Hendrik	TriathlonSteckelCologne	4:54:29	4:54:20	2	MHK	97	3:48:42 - 5:15 min/km
31	1045	Lundgren Tobias	Running Holland	4:55:39	4:55:32	5	M45	73	3:46:29 - 5:17 min/km
32	65	van Ender Peter	LG Mützenich	4:56:56	4:56:52	7	M40	78	3:47:27 - 5:18 min/km
33	816	Braun Christian	Running Team Grafenberg	4:57:02	4:56:42	2	M30	87	3:48:24 - 5:18 min/km
34	826	Adamietz Torsten	SV Grün-Weiß Welldorf-Güsten	4:58:29	4:58:23	6	M45	69	3:50:06 - 5:20 min/km
35	62	Poqué Wolfgang	LG Mützenich	4:58:34	4:58:31	4	M55	62	3:46:47 - 5:20 min/km
36	1069	Rocholl Lutz		5:00:39	5:00:39	5	M55	61	3:53:20 - 5:22 min/km
37	824	Kotthaus Michael	Posaunenchor Lüttringhausen	5:01:27	5:01:07	8	M40	76	3:52:05 - 5:23 min/km
38	979	Kranauge Thomas	Helios Iron Team	5:01:47	5:01:29	7	M45	69	3:49:36 - 5:23 min/km
39	1037	Schmitt Thomas	Landau Running Company	5:01:55	5:01:51	8	M45	73	3:58:26 - 5:23 min/km
40	935	Bilek Marcel	Lauffeuer Fröttstädt	5:02:22	5:02:17	3	M30	86	3:51:49 - 5:24 min/km
41	1068	Werbonat Jens	DUV	5:02:43	5:02:39	9	M45	73	3:51:47 - 5:24 min/km
42	932	Fischel Tom	Team Forrest	5:03:18	5:03:02	9	M50	65	3:52:53 - 5:25 min/km
43	847	Dreßen Horst	FC Germania Vossenack	5:03:38	5:03:32	10	M45	70	3:56:17 - 5:25 min/km
44	872	Schrouff René	LG Mützenich	5:04:01	5:03:57	11	M45	70	3:52:13 - 5:26 min/km
45	954	Jünger Jupp	DJK Schwäbisch Gmünd	5:04:41	5:04:35	12	M45	71	4:00:10 - 5:26 min/km
46	1048	Moma Marradou	AC Waterlaid	5:05:46	5:05:31	6	M55	62	3:53:56 - 5:27 min/km
47	1054	Behbehani Ramin	Brander-SV TriTeam	5:05:47	5:05:09	10	M50	67	3:50:23 - 5:27 min/km
48	971	Gotto Robert	LG HSC Gamlen-RSC Unterm	5:08:25	5:08:17	2	M60	57	3:58:11 - 5:30 min/km
49	927	Saadi Robert	LG Rheinbach	5:10:41	5:09:53	11	M50	66	3:58:27 - 5:32 min/km
50	1055	Holbein Jan	Pulheimer Sc	5:11:31	5:11:18	3	MHK	90	4:02:52 - 5:34 min/km
51	886	Merten Torsten	1.FC Köln	5:11:57	5:11:39	9	M40	77	3:54:05 - 5:34 min/km
52	46	Gierling Volker	TuRa Brügggen 1923 e.V	5:12:53	5:12:32	12	M50	66	3:59:42 - 5:35 min/km
53	953	Scheibe Marco	TV-Schiefbahn	5:13:07	5:13:00	4	M30	84	4:12:34 - 5:35 min/km
54	921	Krätzer Andreas	Druckguss Westfalen	5:15:08	5:14:53	13	M45	71	4:02:56 - 5:37 min/km
55	920	Campo Frank	TV Konzen	5:15:51	5:15:46	14	M45	69	4:06:07 - 5:38 min/km
56	1070	Panus Peter	Bieganie.pl	5:16:32	5:16:09	10	M40	74	4:02:02 - 5:39 min/km
57	1043	Herget Thomas	LG Fulda	5:18:58	5:18:50	13	M50	67	4:13:50 - 5:42 min/km
58	931	Schmitz Gottfried	LG Pronsfeld-Lünebach	5:19:42	5:19:33	14	M50	65	4:06:24 - 5:42 min/km
59	39	Scharrenberg Uli	Fortuna Düsseldorf 1895 e.V.	5:19:44	5:19:37	1	M70	48	4:06:25 - 5:42 min/km
60	36	Lotter Bernd	TV Konzen	5:20:33	5:20:28	3	M60	56	4:10:45 - 5:43 min/km

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Marathon - min/km
61	944	Kapust Sascha	BSG SIG Combibloc	5:20:46	5:20:37	15	M45	73	4:07:05 - 5:44 min/km
62	18	Unger Guido	Laufen gegen Leiden e.V.	5:25:56	5:25:47	16	M45	73	4:16:38 - 5:49 min/km
63	882	Maciejewski Adam	LC Duisburg	5:26:22	5:25:57	15	M50	68	4:09:08 - 5:49 min/km
64	940	Rodriguez Miguel	BSG Springorum Bochum	5:26:52	5:26:25	6	M35	82	4:04:52 - 5:50 min/km
65	866	Boissière Olivier	*Aachen	5:29:14	5:29:07	16	M50	68	4:13:56 - 5:53 min/km
66	1065	Zhang Martin		5:29:53	5:29:18	4	MHK	98	4:17:07 - 5:53 min/km
67	810	Krampe Frank	TV Attendorn	5:30:42	5:30:36	11	M40	74	4:14:25 - 5:54 min/km
68	914	Martens Dennis	Swiss International Air Lines	5:30:51	5:30:34	7	M35	81	4:14:53 - 5:54 min/km
69	907	Stuwe Michael	TuS 82 Opladen	5:32:19	5:32:10	17	M50	66	4:13:07 - 5:56 min/km
70	1060	Niedergesaess Frank	LC Duisburg	5:32:28	5:32:05	7	M55	60	4:06:36 - 5:56 min/km
71	961	Peek Holger	TUSEM Essen	5:34:40	5:34:28	12	M40	76	4:18:58 - 5:58 min/km
72	839	Dumont Christian	*Duisburg	5:35:27	5:35:11	8	M35	82	4:19:44 - 5:59 min/km
73	895	Renzler Marc	*St. Goar	5:35:36	5:35:20	9	M35	80	4:21:40 - 5:59 min/km
74	880	Pilz Thorsten	LSG MGB Ratingen	5:36:10	5:35:55	13	M40	76	4:22:29 - 5:60 min/km
75	854	Grötter Thorsten	*Aachen	5:36:16	5:35:51	18	M50	65	4:19:14 - 5:60 min/km
76	874	Spitael Jan	ALVA	5:37:59	5:37:51	19	M50	64	4:24:50 - 6:02 min/km
77	968	Baurin Frederic	*Thuin	5:38:41	5:38:24	17	M45	69	4:21:54 - 6:03 min/km
78	848	Volkman Simon	TV FRISCH AUF LENNEP	5:38:43	5:38:15	10	M35	83	4:23:05 - 6:02 min/km
79	908	Ollig Arndt	Fanprojekt Bayer 04 Leverkusen	5:38:44	5:38:33	20	M50	65	4:19:31 - 6:03 min/km
80	900	Garvey Dom	*Macclesfield	5:38:52	5:38:43	18	M45	69	4:21:50 - 6:03 min/km
81	896	Allenstein Peter	TeamMountainTrail	5:39:10	5:38:58	21	M50	64	4:19:57 - 6:03 min/km
82	963	Schlichting Dr. André	*Brühl	5:39:35	5:39:16	19	M45	71	4:25:18 - 6:04 min/km
83	930	Schmitz Jochen	ERGO sports Köln	5:41:04	5:40:41	20	M45	70	4:22:19 - 6:05 min/km
84	925	Breuls Danyel	Los Chakales	5:42:36	5:42:26	14	M40	75	4:25:37 - 6:07 min/km
85	1058	Gumbrecht Alwin	TV Rheinzabern	5:42:37	5:42:31	4	M60	56	4:33:11 - 6:07 min/km
86	1059	Haanraats Andy		5:44:48	5:44:36	15	M40	74	4:27:47 - 6:09 min/km
87	881	Schulze Klaus	LSF Oldenburg	5:44:48	5:44:33	22	M50	65	4:26:52 - 6:09 min/km
88	905	Waldikowski Norbert	*Oelde	5:45:19	5:45:09	21	M45	71	4:32:44 - 6:10 min/km
89	909	Maurer David	*Köln	5:45:39	5:45:19	5	MHK	95	4:24:03 - 6:10 min/km
90	1047	Kempinski Roger	Bergrunners Bemelen	5:46:19	5:46:11	22	M45	72	4:31:22 - 6:11 min/km
91	897	Menzhausen Michael	Sportfreunde Sennestadt	5:46:43	5:46:24	5	M60	56	4:26:03 - 6:11 min/km
92	822	Zachau Axel	Athletik Waldniel	5:46:53	5:46:31	16	M40	74	4:31:25 - 6:11 min/km
93	849	Mohr Andreas	Marathon-Club Eschweiler	5:48:10	5:47:54	23	M50	67	4:27:59 - 6:13 min/km
94	821	Krott David	*Aachen	5:48:18	5:48:08	6	MHK	90	4:31:26 - 6:13 min/km
95	878	Braun Andreas	SG Zons	5:48:30	5:48:08	8	M55	63	4:30:22 - 6:13 min/km
96	855	Schoonen Hans	*Rucphen	5:48:51	5:48:43	24	M50	65	4:30:56 - 6:14 min/km
97	942	Staebler Stefan	TV Frisch Auf Lennepe	5:49:38	5:49:10	23	M45	72	4:28:35 - 6:14 min/km
98	875	Osteresch Bernd	LC-MS	5:51:48	5:51:38	5	M30	88	4:31:53 - 6:17 min/km
99	928	Galinski Marc	TTG - Triathlon Team Galinski	5:52:08	5:51:56	6	M30	85	4:36:37 - 6:17 min/km
100	974	Jumpertz Udo	SV Germania Dürwiß	5:52:39	5:52:29	9	M55	61	4:36:58 - 6:18 min/km
101	1067	Henscheid Stefan	LG Ultralauf	5:52:53	5:52:38	25	M50	64	4:23:37 - 6:18 min/km
102	884	Grefen Benjamin	*Hamburg	5:55:00	5:54:41	7	M30	87	4:39:26 - 6:20 min/km
103	842	Amberger Andreas	Lauf Team Unna / Ultra Trödelt	5:55:02	5:54:38	26	M50	65	4:36:45 - 6:20 min/km
104	860	Kallo Kalman	*Den Haag	5:56:46	5:56:27	17	M40	75	4:36:49 - 6:22 min/km
105	970	Guns Gert	*Oftersheim	5:57:52	5:57:38	18	M40	76	4:35:15 - 6:23 min/km
106	958	Riedel Roland	LG Westerwald	5:59:28	5:59:00	10	M55	63	4:37:22 - 6:25 min/km
107	967	Kraas Birk	*Köln	6:01:36	6:01:06	11	M35	83	4:39:20 - 6:27 min/km
108	841	Jaeger Joachim	*Trier	6:03:21	6:03:08	12	M35	81	4:41:06 - 6:29 min/km
109	869	Schmidt Erhard	LSG Karlsruhe	6:03:43	6:03:27	6	M60	56	4:38:46 - 6:29 min/km
110	893	Günther Stefan	Team Mountain Trail	6:04:07	6:03:50	27	M50	68	4:41:56 - 6:30 min/km
111	959	Syburra Eric	SV Weitersburg	6:04:17	6:03:57	28	M50	68	4:43:56 - 6:30 min/km
112	1040	van der Reijden Dick	DAC Rotterdam	6:05:22	6:05:14	29	M50	64	4:44:54 - 6:31 min/km
113	45	Völl Günter	LG Mützenich	6:07:31	6:07:27	1	M65	53	4:46:42 - 6:34 min/km
114	972	Büdi Karel	SC Riesa	6:07:32	6:07:10	24	M45	70	4:47:31 - 6:33 min/km
115	829	Elberfeld René	*Hürtgenwald	6:08:41	6:08:27	25	M45	69	4:45:07 - 6:35 min/km
116	973	Grossenbacher Christoph	*Kerpen	6:13:27	6:13:09	11	M55	59	4:55:03 - 6:40 min/km
117	1066	Bachmann Kurt	DJK Schwäbisch Gmünd	6:14:23	6:14:16	30	M50	64	4:54:43 - 6:41 min/km
118	31	Spanier Volker	Team Erdinger Alkoholfrei	6:14:34	6:14:29	12	M55	59	4:58:43 - 6:41 min/km
119	817	Jüchter Birger	Running Team Grafenberg	6:15:07	6:14:42	26	M45	72	4:52:31 - 6:41 min/km
120	815	Rütten Ingo	Running Team Grafenberg	6:15:09	6:14:43	13	M35	80	4:52:33 - 6:41 min/km

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121	800	Niehenke Björn	laufendhelfen.de	6:18:16	6:17:50	8	M30	87	4:54:40 - 6:45 min/km
122	947	Roder Guido	LC Duisburg	6:18:50	6:18:29	31	M50	65	4:50:29 - 6:46 min/km
123	862	Risch Joachim	100-Marathon-Club	6:18:50	6:18:36	7	M60	55	4:49:45 - 6:46 min/km
124	22	Bodelier Hein	heinbodelier@home.nl	6:19:11	6:19:02	2	M70	48	4:57:33 - 6:46 min/km
125	902	Göbel Karsten	Helios Iron Team	6:20:47	6:20:29	13	M55	62	5:02:55 - 6:48 min/km
126	906	Bauer Robert	*Hürtgenwald	6:21:28	6:21:18	32	M50	68	4:53:35 - 6:49 min/km
127	904	Maquelin Richard	*Capelle Aan Den IJssel	6:21:45	6:21:27	8	M60	56	5:01:40 - 6:49 min/km
128	803	Fell Jonathan	*Aachen	6:25:25	6:25:10	9	M30	88	5:04:06 - 6:53 min/km
129	939	Wettstein Ramon	*Karlsruhe	6:26:21	6:26:01	19	M40	74	5:00:19 - 6:54 min/km
130	964	Küpper Gustav	Laufen in NRW	6:27:20	6:27:20	9	M60	58	0:00:00 - 6:55 min/km
131	1063	Marquis Frank	LC Duisburg	6:28:07	6:27:42	14	M55	63	5:05:55 - 6:55 min/km
132	945	Fabritius Dr. Björn	BSG Springorum Bochum	6:30:25	6:29:58	14	M35	79	5:08:25 - 6:58 min/km
133	955	Herzhoff Peter	*Jüchen	6:31:28	6:31:08	10	M60	55	5:13:45 - 6:59 min/km
134	813	Böhm Peter	LG Kreis Verden	6:32:04	6:31:49	2	M65	52	5:02:51 - 6:60 min/km
135	1061	Holleman Dave		6:33:59	6:33:46	27	M45	71	5:15:46 - 7:02 min/km
136	32	Krökel Roland	LG Mützenich	6:35:05	6:35:00	11	M60	56	5:15:42 - 7:03 min/km
137	844	Hohenwarter Florian	*Köln	6:35:10	6:34:38	10	M30	86	5:12:56 - 7:03 min/km
138	570	Gruszka Leszek	Schlesiche SV Lüdenscheid	6:36:30	6:36:13	28	M45	72	5:16:10 - 7:05 min/km
139	960	Schelenz Steffen	*Jülich	6:37:08	6:36:46	29	M45	73	5:11:21 - 7:05 min/km
140	1072	Dumke Holger	BSG WAZ Media	6:37:13	6:37:05	20	M40	74	5:17:32 - 7:05 min/km
141	1042	Boekestijn Leonard	Lierse Roadrunners	6:40:48	6:40:29	12	M60	58	5:11:16 - 7:09 min/km
142	975	Werner Michael	*Kreuzau	6:40:52	6:40:39	30	M45	69	5:18:34 - 7:09 min/km
143	966	czerwinski günter	asv köln	6:41:30	6:41:10	3	M70	44	5:19:25 - 7:10 min/km
144	889	Richter Bernd	Lauf Team Unna	6:48:29	6:48:02	33	M50	67	5:16:34 - 7:17 min/km
145	1056	Kaluza Hans		6:50:16	6:50:02	31	M45	71	5:21:11 - 7:19 min/km
146	812	Strucks Bernd	Mountainmuffins	6:50:36	6:50:23	32	M45	69	5:18:57 - 7:20 min/km
147	853	Schultheis Frank	TuS Horhausen	6:52:39	6:52:20	33	M45	69	5:23:38 - 7:22 min/km
148	912	Damm Hans	LG Ultralauf	6:56:56	6:56:38	3	M65	50	5:30:32 - 7:26 min/km
149	986	Abauna Haroldinio	Sport040	6:58:04	6:57:48	0	M		5:27:24 - 7:28 min/km
150	987	Ziegler Sven	100 Marathon Club	6:58:51	6:58:39	21	M40	77	5:26:56 - 7:29 min/km
151	811	Leischker Dr. Andreas	Team Erdinger Alkoholfrei	6:58:52	6:58:39	34	M50	65	5:26:56 - 7:29 min/km
152	804	Liebke Ralf	*Roetgen	6:59:59	6:59:53	13	M60	56	5:36:29 - 7:30 min/km
153	1057	Schmidt Klaus	TV Rheinzabern	7:08:14	7:07:57	15	M55	60	5:35:18 - 7:39 min/km
154	1036	Graf Josef	LG Ultralauf	7:19:21	7:18:52	14	M60	56	5:40:42 - 7:50 min/km
155	820	Teschke Marcus	LG Pegasos	7:19:21	7:18:52	34	M45	70	5:39:57 - 7:50 min/km
156	948	Sembach Markus	Lauf Team Unna	7:24:26	7:24:00	16	M55	62	5:52:31 - 7:56 min/km
157	951	Rosieka Helmut	100 Marathon Club	7:30:01	7:29:48	4	M70	48	5:58:38 - 8:02 min/km
158	823	Schmauder Stefan	Lauftreff Neuffen	7:34:19	7:33:56	17	M55	60	6:03:08 - 8:06 min/km
159	37	Ickert Peter	Röntgen Sport Club Remscheid	7:35:47	7:35:26	18	M55	61	6:02:07 - 8:08 min/km
160	44	Haas Joachim	*Stolberg	7:44:00	7:43:49	15	M60	57	6:13:48 - 8:17 min/km
161	1051	Dahlberg Eike	SV Lembeck	7:45:19	7:45:00	35	M45	70	6:12:11 - 8:18 min/km
162	965	Wenzel Erich	DJK Schwäbisch Gmünd	7:45:37	7:45:37	5	M70	45	6:06:47 - 8:19 min/km
163	936	Ueffing Michael	Boah!09	7:45:50	7:45:07	35	M50	67	6:12:26 - 8:18 min/km
164	1053	Schütte Heinrich	100 Marathon Club	8:02:01	8:01:52	16	M60	56	6:28:44 - 8:36 min/km

## Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Marathon - min/km
1	980	Zakrzewski-Heiter Sylwia	Team AR Sport	4:32:36	4:32:31	1	W40	75	3:31:38 - 4:52 min/km
2	34	Braun Marion	SV Germania Eicherscheid	5:03:49	5:03:45	1	W60	57	3:50:31 - 5:25 min/km
3	861	Verhoeven Silvia	Achilles	5:11:16	5:11:09	1	W55	63	3:59:27 - 5:33 min/km
4	1064	Hübner Britta	LC Duisburg	5:18:18	5:17:55	1	W50	64	4:02:36 - 5:41 min/km
5	946	Weber Sylvia	LG Vulkaneifel	5:19:41	5:19:33	2	W40	74	4:06:23 - 5:42 min/km
6	1046	Issebaert Ingrid	avn	5:21:04	5:20:39	2	W50	66	4:03:45 - 5:44 min/km
7	894	Türk Cornelia	Rhein-Berg Runners	5:23:51	5:23:45	3	W50	66	4:12:56 - 5:47 min/km
8	938	Temmerman Selena	TCR	5:28:19	5:27:54	3	W40	74	4:12:40 - 5:51 min/km
9	923	Holtkamp Kamilla	TuK	5:31:47	5:31:23	1	W45	72	4:12:25 - 5:55 min/km
10	969	Borsa Carmen	*Aachen	5:36:10	5:35:43	4	W40	78	4:17:10 - 5:60 min/km
11	1041	Wessels Inga	LTB	5:36:16	5:35:50	1	W35	82	4:19:14 - 5:60 min/km
12	870	Lenz Tanja	Team Erdinger Alkoholfrei	5:37:11	5:36:57	2	W35	79	4:21:06 - 6:01 min/km
13	934	Schmitz Ilse	LLG St. Augustin	5:46:54	5:46:29	2	W55	63	4:27:39 - 6:11 min/km
14	943	Wilbrecht Susanne	TV Frisch Auf Lennep	5:49:38	5:49:10	2	W45	69	4:28:35 - 6:14 min/km
15	885	Eckstein Nathalie	*Hamburg	5:55:00	5:54:41	1	WHK	89	4:39:26 - 6:20 min/km
16	962	Kübler Petra	DJK Schwäbisch Gmünd	5:59:00	5:58:54	5	W40	75	4:44:16 - 6:25 min/km
17	851	Pinten Verena	*Winringen	5:59:20	5:58:49	3	W35	81	4:21:11 - 6:24 min/km
18	957	Hoffmann Sigrid	LG Westerwald	5:59:28	5:59:00	4	W50	65	4:37:23 - 6:25 min/km
19	1049	Wiecek Michaela	Team Mountain Trail	6:04:07	6:03:50	3	W45	69	4:41:56 - 6:30 min/km
20	926	Krepel Sabine	GMRLV	6:07:32	6:07:09	4	W45	70	4:47:31 - 6:33 min/km
21	876	Kuckertz Nicola	*Nideggen	6:09:25	6:09:14	5	W50	67	4:44:36 - 6:36 min/km
22	843	Schmerfeld Jasmin	*Castrop-Rauxel	6:15:06	6:14:42	4	W35	82	4:52:30 - 6:41 min/km
23	1044	Gotowski Jacky	LTB	6:18:17	6:17:51	2	WHK	89	4:54:40 - 6:45 min/km
24	805	Bergen Kirsten	STC Hommertshausen	6:21:15	6:21:02	6	W40	78	4:56:25 - 6:48 min/km
25	1039	Buschmann Sabine	LT Alsdorf-Ost	6:23:13	6:23:03	5	W45	73	5:02:09 - 6:50 min/km
26	1062	Harnisch Katrin	LC Duisburg	6:28:07	6:27:42	6	W45	69	5:05:55 - 6:55 min/km
27	922	Tautges Carmen	*Köln	6:29:39	6:29:14	7	W45	73	4:59:27 - 6:57 min/km
28	981	Braun Silvia	*Düren	6:37:07	6:36:45	7	W40	76	5:11:21 - 7:05 min/km
29	933	Kirschner Barbara	*Köln	6:38:46	6:38:24	6	W50	68	5:12:49 - 7:07 min/km
30	888	Richter Alexandra	Lauf Team Unna	6:46:36	6:46:10	7	W50	68	5:14:42 - 7:15 min/km
31	867	Isaac Anja	TV Konzen	6:47:46	6:47:35	8	W45	69	5:22:55 - 7:17 min/km
32	840	Wagner Sabine	LT Alt-Erkrath	6:56:34	6:56:22	3	W55	60	5:25:08 - 7:26 min/km
33	937	Ueffing Sabrina	Boah!09	6:57:55	6:57:23	1	W30	87	5:24:31 - 7:27 min/km
34	941	Wiesner Conny	100 Marathon Club	6:58:52	6:58:40	5	W35	80	5:26:58 - 7:29 min/km
35	978	Traini Sylvia	Birkesdorfer TV	7:07:17	7:07:05	6	W35	82	5:41:55 - 7:38 min/km
36	827	Grosser Stefanie	GutsMuths RSLV	7:20:25	7:20:04	8	W40	78	5:46:18 - 7:52 min/km
37	835	Royen Jennifer	*Mönchengladbach	7:42:27	7:42:21	7	W35	83	6:12:13 - 8:15 min/km
38	983	Bauer Birgit	TUS Schmidt	8:05:20	8:04:59	9	W45	69	0:00:00 - 8:40 min/km
39	1038	Esser Heidrun		8:08:03	8:07:45	4	W55	60	6:32:11 - 8:43 min/km